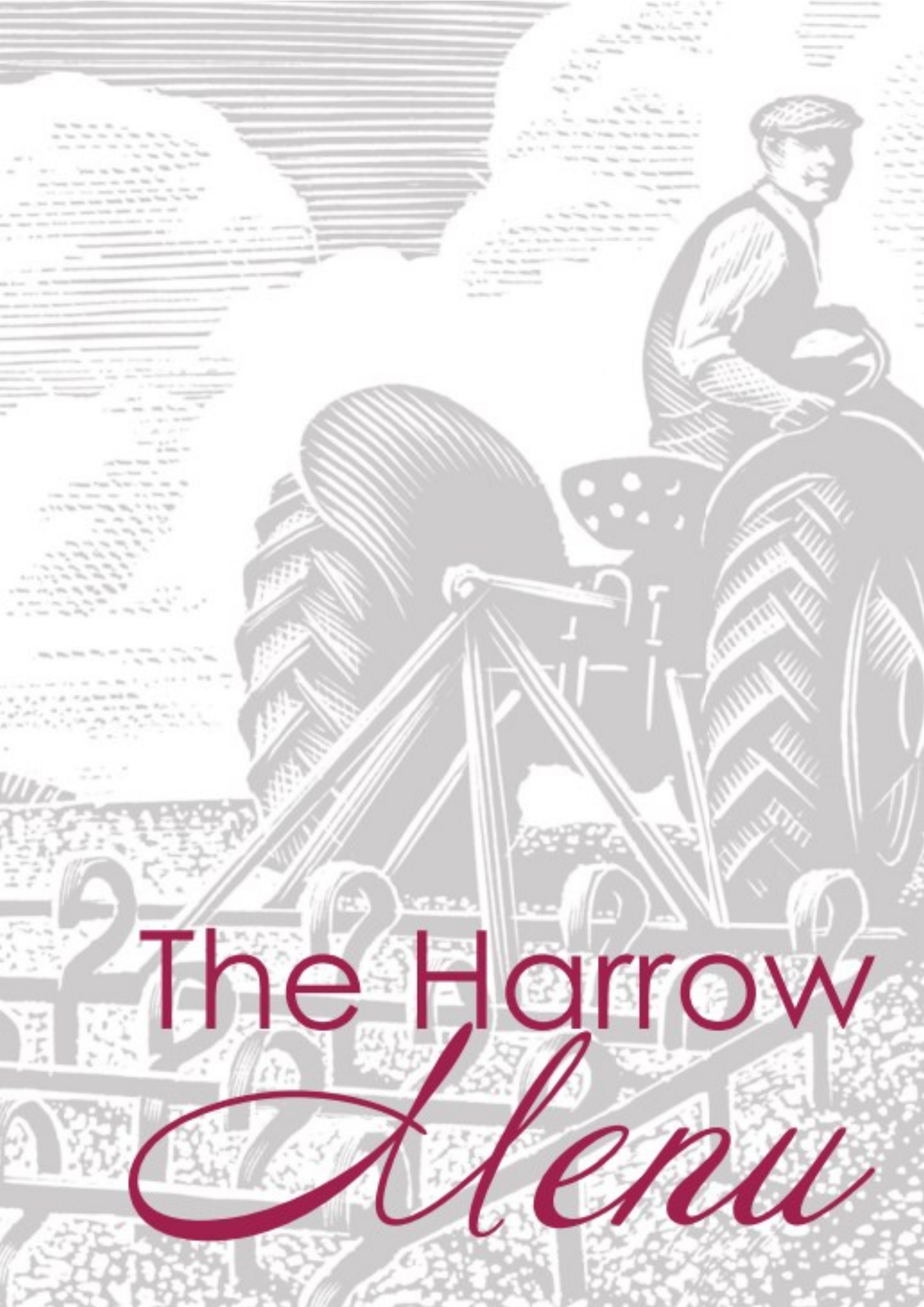


A detailed illustration of a man in a flat cap and work clothes operating a large horse-drawn harrow in a field. The harrow has multiple large, curved metal teeth. The background shows a field with some trees and a cloudy sky. The entire image is rendered in a light gray tone, serving as a background for the title.

The Harrow *Aleru*

We welcome everyone here at the Harrow and aim to ensure that there is something for all to enjoy. All our dishes are cooked to order so there may be a wait during busy times.

If you are on a time limit please let your server know.

If you follow a special diet, please ask for information on how our dishes can be adapted for you. Whilst we cannot guarantee any of our dishes are gluten-free, we can adapt some to be made with non-gluten containing ingredients ngci. Please note, we use fresh ingredients where possible and the below menu is subject to availability*

This Weeks Specials

Starters

Prawn Cocktail £6.50

Juicy prawns in a marie rose sauce with crisp salad, bread & butter

Breaded Garlic Mushrooms v £5.75

Crispy breaded mushrooms with garlic mayonnaise and a salad garnish

Mozzarella Sticks v £5.75

Molten and gooey breaded mozzarella sticks with salsa and a salad garnish

Tempura Prawns £6.50

Crispy battered prawns with sweet chilli sauce and a salad garnish

Breaded Hot Chicken Wings £6.25

Chicken wings served with salad garnish and a mayonnaise dip

Nachos v £5.75

Tortilla crisps with melted cheese, jalapenos, sour cream and salsa dips

Salt and Pepper Squid £6.50

Seasoned squid with sweet chilli sauce and a salad garnish

Sharing Platters

The Chicken Platter £10.95

Breaded Hot Chicken wings, chicken bites, garlic bread, onion rings, salad garnish and your choice of dips

The Fish Platter £10.95

Tempura battered prawns, wholetail scampi , garlic bread, onion rings, salad garnish and your choice of dips

The Vegetarian Platter v £10.95

Mozzarella sticks, breaded garlic mushrooms, garlic bread, onion rings, salad garnish and your choice of dips

Mains

Cajun Spiced Chicken Breast £13.95

Spiced butterflied chicken breast with skinny fries
coleslaw and a salad garnish

Wholetail Scampi £13.95

Crispy scampi with chips
peas and a salad garnish

Butchers Sausages £13.95

Trio of butchers sausages with buttery
mashed potatoes, fresh vegetables and gravy

Homemade Beef Lasagne £13.95

Slow cooked minced beef, In a rich tomato
sauce, layered with pasta and cheese sauce
and served with garlic bread and salad

BBQ Pork Ribs £14.95

Marinated BBQ pork ribs served with a salad
garnish, coleslaw and skinny fries

Home Baked Ham £13.95

Slices of ham with two fried eggs
and chunky chips

Chicken Tikka Massala £13.95

Served with basmati rice, poppadom
and garlic and coriander naan

Traditional Cod & Chips £14.95

Cod in crispy batter, with chunky chips
and mushy peas

Hunters Chicken £13.95

Butterflied chicken breast
topped with bacon, smoky BBQ sauce
melted cheese. Served with chunky chips and peas

Pies

Steak & Ale Pie £14.95

Slow cooked steak in a rich beef and ale gravy
topped with puff pastry, with buttery mash,
chips or baby potatoes and fresh vegetables

Turkey, Ham and Leek Pie £13.95

Turkey, Ham and leeks cooked in a creamy
sauce topped with puff pastry, with buttery mash,
chips or baby potatoes and fresh vegetables

Cheesy Leek & Potato Pie v £12.95

Rich and cheesy leek and potato filling topped
with puff pastry, buttery mash, chips or baby potatoes
and fresh vegetables

Burgers

All burgers are served in a bun with chunky chips or skinny fries. Add Bacon £1.00 Add cheese £0.75

The Classic £13.95

6oz beef burger served with onion rings
coleslaw and a salad garnish

The Crispy Chicken £13.95

Panko breaded chicken breast served with
onion rings, coleslaw and a salad garnish

The Halloumi v £13.95

Slices of halloumi served with onion rings
coleslaw and a salad garnish

The Plant Based vg £13.95

Falafel and spinach burger served
with onion rings, coleslaw and a salad garnish

The Harrow House £16.25

2 x 6oz beef burgers topped with bacon
and cheese served with onion rings
coleslaw and a salad garnish

Vegetarian / Vegan

Mixed Bean Chilli vg £12.95

Spiced mixed bean chilli served with
rice and topped with nachos
add cheese £0.75

Macaroni Cheese £12.95

Rich and cheesy macaroni served with
garlic bread and a salad garnish

Mediterranean Vegetable Tart vg £12.95

with chunky chips or baby potatoes
and a salad garnish

Sides

Chips	£3.50	Cheesy Chips	£4.00
Garlic Bread	£3.00	Cheesy Garlic Bread	£3.50
Coleslaw	£1.50	Side Salad	£2.50
Onion Rings	£3.00	Halloumi Fries	£4.75
Sweet Potato Fries	£4.50	Bread and Butter	£1.00

Children's Menu £7.95

All our meals are made with the same quality ingredients as our main meals
But in smaller portions, for smaller tummies...includes your choice of drink and dessert....

Drinks	small coke / lemonade / simply fruity orange, blackcurrant or apple
Mains	Chicken Nuggets – with chips or buttery mash and baked beans or peas Macaroni Cheese – with peas and garlic bread Sausages – with chips or creamy mash and baked beans or peas Cod Goujons –with chips or creamy mash and baked beans or peas
Dessert	Ice cream and sorbet selection – 2 scoops of ice cream or sorbet, please ask for today's flavours

Desserts

Please ask your server for our dessert menu to find out

Traditional Sunday Roast

Join us for an end of the week treat for a traditional Sunday Carvery.
We offer a selection of roast meats and a plant based option
Available from 12pm
Booking is advisable to ensure you don't miss out!

Stay in touch, check out our website or follow us on facebook to stay up-to-date with our latest news, offers and events.

v vegetarian vg vegan v* vegetarian available vg* vegan available

We use fresh ingredients where possible and the above menu is subject to availability. If you follow special diet, please ask for more information on how our dishes can be adapted to make something delicious for you. All our food is prepared in a kitchen where nuts, gluten and other food allergens are present. Our menu descriptions do not include all ingredients. If you have a food allergy or intolerance, please let us know in advance. Fish dishes may contain bones. All weights approximate when uncooked. Written allergy information is available on request. 0323