



MENTOR POSITION DESCRIPTION 2026

Looking for a volunteer opportunity that combines purpose with professional growth? Support young people by delivering health literacy programs while gaining hands-on experience that strengthens your leadership and communication skills.

What's in it for you?

- Gain **hands-on experience** mentoring and facilitating health-focused workshops
- Build **valuable leadership and teamwork skills** in a real-world setting
- Make a **tangible impact** in the lives of high school students
- Join a **passionate and driven community** of changemakers
- Enhance your **public speaking and facilitation skills**

About the role:

As a CHASE Mentor, you will work with VCE Vocational Major students (Year 11-12), guiding them through interactive workshops on critical health topics such as Mental Health, Emotional Intelligence, Nutrition, Climate Change, and Diversity & Inclusion.

Keen to get involved? Look below to learn more!

Job Title	CHASE Mentor
The mission	To engage, educate and empower secondary school students to improve health awareness. Mentors strive to inspire students to create healthier lives for themselves and make a positive impact in their local community.
Major roles and responsibilities	• Represent CHASE professionally as a positive role model and mentor for secondary school students • Engage secondary students in a range of health topics through school workshops • Build rapport and work in a team with other passionate mentors by providing support and encouragement
Specific responsibilities	Workshop presentation • Facilitate workshops for students on a range of health topics such as Emotional Intelligence, Alcohol and Other Drugs, Climate Change, Mental Health, Diversity and Inclusion and Nutrition & Physical Health • Support and guide students in the planning and delivery of a project that addresses an aspect of health relevant to their community Communication and Professionalism

	• Represent CHASE professionally, ensuring quality by working proactively to prepare for all school workshops using the tools and resources provided • Become a contributing member of CHASE, participating in training workshops and social events • Maintain active, transparent and timely communication with your Mentor team and Team Leader
Knowledge and skills	• Interest in health, education, or youth development • Strong communication and teamwork skills • A positive, growth-oriented mindset • Motivation to support and inspire young people <i>(Previous experience in teaching, mentoring, or facilitation is a plus, but not required!)</i>
Personal qualities	• Motivated, enthusiastic and committed to both the CHASE program and its students • Passionate about empowering youth to live a healthy lifestyle and prevent chronic health issues • Interest in developing public speaking and interpersonal skills
Time commitment	Approximately 25 hours of volunteering across the entire program. The total length of time commitment expected of CHASE mentors is approximately 8 Weeks: • Mentor Induction Night – April - date TBC • Two Mentor Training Sessions – April - date TBC • 6 x School Workshops (2 hours per session) – Held at Essendon Keilor College or St Albans Secondary College • Additional check-ins and optional team-building events  Locations: Schools in the Northern-Western suburbs of Melbourne (Essendon & St Albans)
Reports to	CHASE Team Leader Mentor Manager -> Team Leader -> Mentor

If you have any questions about the CHASE Mentor role or program, please email recruitment@chaseprogram.org.au.